

THE PROFESSIONAL PROGRAM

The week consists of four major sections:

- Personal development
- Theory
- Professional skill building
- Supervision

These sections are connected to concepts in Life Energy Process.

DAILY ACTIVITIES

Mornings begin with an inspiring lecture by Stèphano Sabetti followed by a workshop in personal development. These workshops, with body-oriented energy work, are parallel to and together with the Personal Program. For more information on the Personal Program, see our flyer for that program.



Afternoons offer different themes in professional theory and practice (see below).

Supervision is provided throughout to support application of this learning and experience into your professional life.

To enhance pleasure in learning, feel free to enjoy the pool, the chill-out lounge, party night and of course our Italian cuisine.

We provide childcare during workshop hours for children between the ages of 3 and 13.

SCHEDULE FOR THE PROFESSIONAL PROGRAM

The Professional Program is an intensive multilevel learning experience led by Dr. Stèphano Sabetti and other LEP trainers/therapists. The week is planned* as follows:

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Welcome meeting, information about the week	<p><i>Morning</i></p> <p>Lecture by Stèphano: <i>The Nature of Pleasure</i> Practical LEP experience</p>	<p><i>Morning</i></p> <p>Lecture by Stèphano: <i>Who is Normal?</i> Practical LEP experience</p>	<p><i>Morning</i></p> <p>Supervision and group work</p>	<p><i>Morning</i></p> <p>Lecture by Stèphano: <i>True Love</i> Practical LEP experience</p>	<p><i>Morning</i></p> <p>Lecture by Stèphano: <i>The A-ha of the Ha Ha</i> Practical LEP experience</p>
	<p><i>Afternoon</i></p> <p>Key to Excellence - The Dynamics of Success - Success and Learning - The Courage to be Excellent</p>	<p><i>Afternoon</i></p> <p>Straight Talk: Confluent Verbal Communication - Energy Perspectives on “Problematic” Situations - Confluent interventions - Clear and Sovereign Communication</p>	<p><i>Afternoon</i></p> <p>Supervision and group work</p>	<p><i>Afternoon</i></p> <p>Hidden Resources - Weakness as a Resource - Acceptance as the Key - Personal Paradigm Shifts</p>	<p><i>Afternoon</i></p> <p>Leadership by Being - Empowering Others - You Have it All - The Courage to Be</p>

In the evenings, videos from the day’s work will be made available for learning purposes. A certificate of participation will be issued upon completion of the Professional Program.

* Changes may occur.